

London Regional Artistic Swimming Club - AGM

November 28, 2022
2021-2022 Season



Agenda

- Acknowledgments
- Head Coach Season Overview
- Financial Summary- Treasurer
- President Overview
- Elections - VOTE
- Plans for this Season
- Questions & Feedback





Thank You!

COACHES

- Vanessa Smith
- Olivia Amaral
- Allyssa Gosling
- Sarah Shelton
- Evelyn Young
- Stefanie Martin
- Abby Young
- Ioanna Hopper
- Alissa Jeffrey
- Ellie Ward
- Erin Alizadeh
- Julia Villeneuve

BOARD & EXECUTIVE

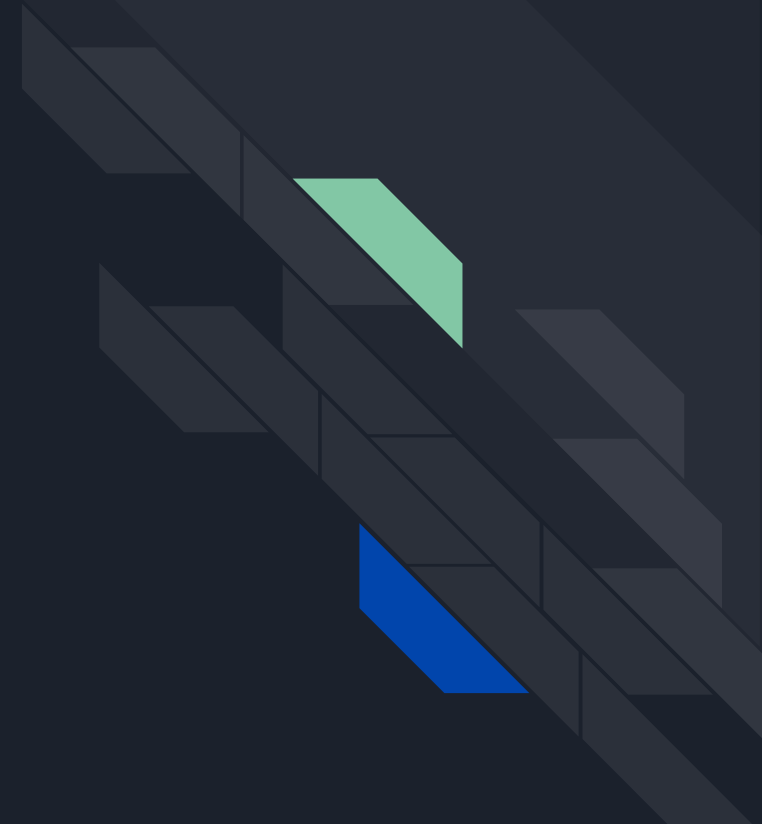
- Beth Heinrichs
- Wendy Teft
- Tara Walker
- Carla Keogan
- Cheryl Rayburn
- Shannon Webb
- Nadia Facca
- Val Morgado
- Heather Coy-Robinson
- Carrie McEachern
- John Winspear
- Leila Kelleher
- Rosy Loewith

Head Coach

Season

Overview:

Head Coach - Allyssa
Gosling



Membership Numbers

Total Number of Routines:

- 4 Competitive Teams
 - 5 last season
- 5 Extra Routines
 - 1 last season
- 3 Regional League/4 AquaGO Teams
 - 3 last season
- 3 Masters Swimmers
 - None last season Due to COVID19



Membership Numbers Cont'd

Total Membership:

- 35 Competitive Swimmers
 - 41 last season
- 18 Regional League
 - 17 last season
- 24 AquaGo Swimmers
 - None last season
- 1 AWD Swimmer
 - None last season
- 3 Masters Swimmers
 - No University or Masters Swimmers last season Due to COVID19



Award Highlights



Regional League (Novice)

- RL C/W Spring Meet- 10u Team (1st), 11-12 Team (4th), 13-15 Team (5th), 10u Figures (1st & 4th)

Competitive

- **Leslie Taylor Ontario Cup** - 10u Duet (2nd), Jr Free Duet (6th)
- **Hilton Invitational** - 10u Duet (1st), 11-12 Team (2nd), Jr Tech Duet (6th), Jr Free Duet (4th), Masters Solo (2nd)
- **Ontario Championships** - 10u Duet (2nd), 10u Figures (2nd & 6th), 11-12 Figures (6th), 11-12 Team (6th), 13 Year Figures (4th), Jr Tech Duet (3rd), Jr Free Duet (2nd), Jr Free Team (5th), Masters Solo (1st)

Financial Summary:

Treasurer - Carla Keogan



Statement of Operations

Year ended June 30, 2022				
	2022	%	2021	%
Revenue				
Fees	\$ 125,566	68.3	\$ 120,248	96.1
Fundraising	3,932	2.1	4,869	3.9
Grants	54,400	29.6	-	0.0
	<u>183,898</u>	<u>100.0</u>	<u>125,117</u>	<u>100.0</u>
Expenses				
Wages	79,619	43.3	46,319	37.0
Rent	36,885	20.1	17,735	14.2
Suits and clubwear	19,109	10.4	2,986	2.4
Fees and registrations	16,851	9.2	11,252	9.0
Events and fundraising	6,582	3.6	4,181	3.3
Travel and accommodations	4,902	2.7	-	0.0
Professional fees	4,429	2.4	4,054	3.2
Office	3,696	2.0	981	0.8
Bank charges and interest	201	0.1	193	0.2
Coaching	-	0.0	1,180	0.9
	<u>172,274</u>	<u>93.7</u>	<u>88,881</u>	<u>71.0</u>
Net revenue	\$ 11,624	6.3	\$ 36,236	29.0

*Office - Banquet, Awards, Pool Equipment, Zoom Account

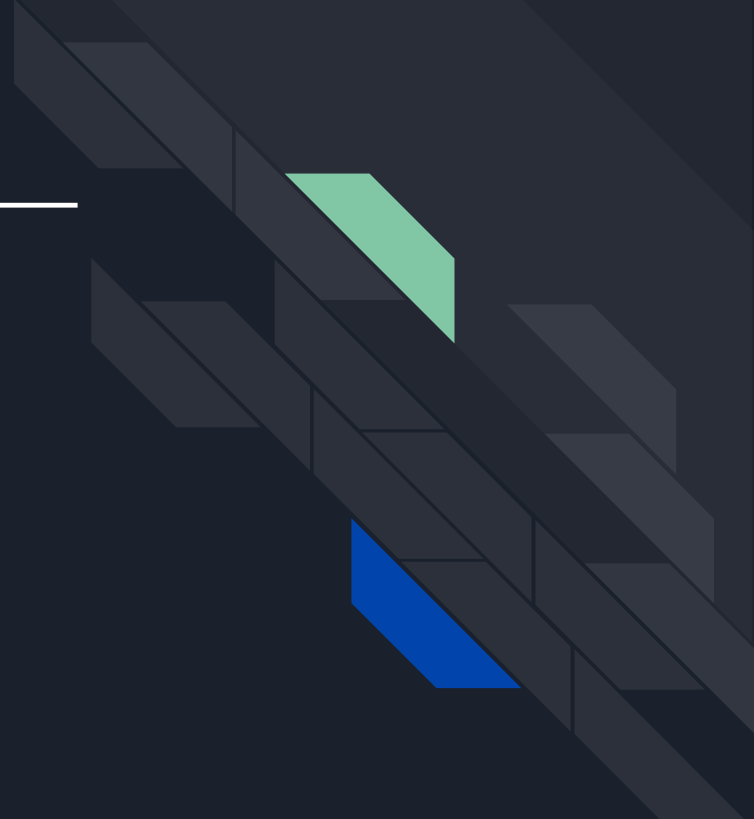


Key Financial Points

- 2022-2023 Fees Reduced thanks to the Jump Start & Trillium Grants
- Club is in good financial standing projecting to have 3 months worth of expenses remaining end of June 2023
- Pool costs have increased more pool time compared to 2021 and pool fees have increased
- Suiting costs include fully embellished competitive suits- no suits were purchased in 2021.

President's Overview:


Beth Heinrichs



2021/2022 - Prepare, Pivot & Persevere

- Continued to follow Covid guidelines and restrictions - return to pool safely
- Retained most competitive and Regional League Athletes
- Strong return of recreational programming - build back from ground up
- Awarded 3 grants
 - Ontario Trillium Foundation
 - Jumpstart
 - OAS Rebuilding Grant
- Back to in-person Water Shows, Competitions & Banquet





LSC Board & Officers: Roles and Responsibilities

- Assist Board with the Direction of the Club
- Assist with Development, Implementation & Enforcement Policy/Procedure
- Support the Coaches with Decisions And Athlete Development, Operations of Club
- Follow OAS/CAS Governance
- Manage Finances- Not for Profit Organization, Incorporated, Operations
- Discuss and Explore Opportunities and Challenges
- Organize and Book Competitions- Register, Book Hotel, Schedule, etc
- Organize Events- Fundraising, Social Events, Host Competitions
- Communications - with Swimmers, Parents, OAS, Coaches, Website, etc
- Advocacy for our sport and our Athletes
- Ensure Sustainability- Locally



Elections - 2022 -2023 season

Board members up for election:

1. **Secretary** - Nominee: Crystal Denison
2. **Registrar/Facilities** - Nominee: Shannon Webb

Executive members up for election:

1. **Communications** - Nominee: Rosy Loewith

Vacant positions for 2022 -23:

- **Sponsorship/Fundraising Coordinator**
- **Suiting Coordinator**

Returning Positions :

- **President** - Bethany Heinrichs
- **Vice President** - Wendy Teft
- **Treasurer** - Carla Keogan
- **Registrar** - Shannon Webb
- **HR Coordinator** - Heather Coy-Robinson
- **Events Coordinator** - Carrie McEachern
- **Hospitality Coordinator** - Rosy Loewith

2022-23 Coaches


- **Head Coach**- Allyssa Gosling
- **Assistant Head Coach**- Evelyn Young
- **Rec Head Coach** Ioanna Hopper



Voting

- Questions about nominees/positions
- Request for the following Motion: *to Elect the nominees as listed on previous slide*
- Second
- Debate
- [Vote](#)





Plans for the 2022/23 Season

Back to normal...maybe?

Focuses for the 2022 -23 Season

- Added Assistant Head Coach role many new coaches
- Coach-in-Training (CIT) Program- training next generation of coaches
- Prepare athletes and coaches for new judging system and new required elements and routine components
- Try not to lose too much pool time- No easy task Return to in-person events- social events, workshops, team building
- Engage the members build up our volunteer base
- Recruit new executive members
- Have FUN!



Questions & Feedback!?

Let us know your thoughts!

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